

# Jesus has power to help in time of trouble.



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Sunday between June 19 and June 25 (if after Trinity Sunday)



#### Share your highs and lows, or respond to the following:

- 1. Draw a picture or talk about a time you were afraid.
- 2. The disciples were in a boat and afraid of a dangerous storm. They thought they might drown. Did Jesus seem afraid? Why do you think that was?
- 3. How do you reach out to Jesus when you experience storms in life?



### **BIBLE READINGS**

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

S	Mark 4:35-41	Jesus calms the sea.
М	Job 38:1-11	God's rebuke of Job
т	2 Corinthians 6:1-13	How Paul served God
W	Acts 27:13-38	Paul and the storm at sea
т	Exodus 14:5-25	Parting of the Red Sea
F	Joshua 3:7-17	The Jordan River stops flowing
S	Psalm 107:1-3, 23-32	God saves those in distress

# VERSE OF THE WEEK

"Who then is this, that even the wind and the sea obey him?"

MARK 4:41



### **CREATIVE RESPONSE**

Find a woven basket or another object to represent a boat. In your household devotion times this week, share any fears or worries you may have. Write these down on slips of paper and place them into the "boat".

When you have finished cover them with another slip of paper carrying the name of Jesus, or with a figure of Jesus. Read Psalm 107:28-31.

Pray that Jesus will calm your fears and help you to see and trust that he is with you in every storm.



For all we eat and all we wear; for daily bread and nightly care; for your good gifts to use and share; we thank you, Lord. Amen.



Lord Jesus, please replace our fears with faith; give us courage and keep us calm in times of trouble. Amen.



### ACTION RESPONSE

Plan and discuss what your family would do during a severe storm. Send a note to the local SES volunteers, thanking them for their volunteer service in your

community.



#### BLESSING

May God calm you when you are afraid. May he give you faith to trust in his love.